

Please mark "C" for current or "P" for past. If a current ailment, explain briefly at bottom of form. If for self mark with "S"; for family member present/deceased mark "F" and put name in parenthesis by the issue.

For Example: [P\_F allergies [mother]

Abdominal Pain	Dry Cough	Ovaries (cysts, or pain)
Abscess	Ear infections	Overall fatigue
Acne	Ears Ringing	Pain in left side of chest
Allergy	Eczema	Pain in upper chest
Aneurysm	Emphysema	Palpitations
Angina	Endometriosis	Pancreatitis
Anxiety attacks	Energy LOW	Panic Disorder
Arteriosclerosis	Epilepsy	Parkinson's Disease
Arthritis	Epstein Bar	Phlebitis
Athlete's foot	Fibroid Cysts	Plaque on teeth
Belching	Fungus (where)	Pneumonia
Bladder Infections	Gall Bladder removed	Polyps
Bleeding -doesn't stop	Gastritis	Prostate Enlargement
Blisters	Gingivitis	Psoriasis
Bloating	Glands swollen	Rapid Heart Beat
Blood Clots	Glaucoma	Rise in blood pressure
Blood pressure (low)	Gout	Rectal itching
Blood pressure (high)	Headaches	Regurgitation
Boils	Heartburn	Rheumatism
Breast lumps	Hemorrhoids	Ringworm
Bronchitis	Hepatitis	Sciatica
Bruising	Herpes	Seizures
Bruxism (grind teeth)	Hiatal Hernia	Shingles
Bursitis	Hiccups	Sinusitis
Cancer	Hot flashes	Skin Cancer
Candidiasis	Hypoglycemia	Staph
Carpal Tunnel	Hysterectomy	Sties
Cataracts	Inability to take deep breath	Strep
Cholesterol count	Incontinence	Syphilis
Cold Sores	Indigestion	Tachycardia
Colic	Infections	Teeth-loose
Colitis	Insomnia	Tendonitis
Constipation	Intestinal Gas	Triglycerides
Coughing -phlegm, blood, etc	Itchy Ears	Tuberculosis
Cramps (legs, arms etc)	Jaundice	Tumors
Crohn's Disease	Joint Pain	Ulcers
Deafness	Kidney Stones	Urinary Difficulty
Depression (how often _____)	Lung Pain	Urinary Tract Infections
Diabetes	Lupus	Vaginal Discharge
Diarrhea	Mastectomy	Vaginal Itch
Difficulty gain/losing weight	Mastitis	Vaginal Warts
Difficult staying healthy	Memory Loss	Varicose Veins
Difficulty swallowing capsules	Menstrual Disorder	Vomiting
Diverticulitis	Migraine	Water Retention
Dizziness (Vertigo)	Night Sweats	Weight Loss (rapid)

List by priority, the three most dominating ailments:

- 1.
- 2.
- 3.

Briefly explain current ailments:

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